



PRELIMINARY PROGRAM

(The entire program will be in English)

MONDAY 28/08/17

8:00-09:00 REGISTRATION

9:00-09:20 Sports Injuries: New Techniques & Management, **Dr. William Murrell**

09:20-09:40 Genetics in Sports injuries, **Dr. Nicola Maffuli**

09:40-10:00 Functional Evaluation in Sport (Isoinertial & Isokinetic Evaluation)
Prof. Dr. Calogero Foti

10:00 – 10:20 A novel/innovative device for early controlled neuromuscular training of lower limb after trauma and surgical treatment, **Prof. Dr. Leonardo Osti**

10:20 – 10:30 Discussion

10:30 – 11:00 BREAK

11:00 – 11:20 Platelet Rich Plasma in MSK disease: Myth or Truth, **Dr. William Murrell**

11:20 – 11:40 Physical Therapy in Muscle Lesions, **Prof. Dr. Calogero Foti**

11:40 – 12:00 Biofeedback: Helping Athletes Win, **P/T Stavros Stathopoulos**

12:00 – 12:20 Podiatric in Prevention of Sport Injuries, **DPM Loukas Thiaspras**

12:20 – 12:30 Discussion

12:30 – 16:00 BREAK

16:00 – 20:00 **Workshop, MSK ULTRASOUND, Prof. Dr. Levent Ozcakar (ROOM 1)**



20:00 – 20:30 **KEYNOTE LECTURE** The use of MSK Ultrasound in Clinical Practice, **Prof. Dr. Levent Ozcakar** (ROOM 1)

18:00 – 20:00 **Workshop**, PEDOBAROGRAPH STUDY/GAIT ANALYSIS, Dr. Thanos Badekas, Dr. Nikos Roussos, **DPM Loukas Thiaspras** (ROOM 2)

TUESDAY 29/08/17

9:00-09:20 Impingement Syndrome: Where is the evidence, **Dr. William Murrel**

09:20-09:40 Shoulder Tendinopathies & Lesions in Overhead Athletes: prevention, timing for treatment & problems when getting back to sport, **Prof. Dr. Leonardo Osti**

09:40-10:00 The Athlete's Shoulder, **Dr. George Tsikouris**

10:00 – 10:20 Unstable Shoulder in Athletes: Evidence Based Indications, Treatment & Rehabilitation, **Prof. Dr. Leonardo Osti**

10:20 – 10:30 Discussion

10:30 – 11:00 BREAK

11:00 – 11:20 Current Landscape of Regenerative Medicine, **Dr. William Murrel**

11:20 – 11:40 Management of Insertional Achilles Tendinopathy, **Dr. Nicola Maffuli**

11:40 – 12:00 Foot & Ankle Injuries in Water Sports, **Dr. Thanos Badekas**

12:00 – 12:20 Role of Ankle Arthroscopy for Athletes in Activity & at the end of their Career, **Prof. Dr. Leonardo Osti**

12:20 – 12:30 Discussion

12:30 – 16:00 BREAK

16:00 – 20:00 **Workshop**, MSK ULTRASOUND, **Prof. Dr. Levent Ozcakar** (ROOM 1)



18:00 – 20:00 **Workshop, KINESIOTAPING, P/T Diamantopoulos (ROOM 2)**

WEDNESDAY 30/08/17

9:00-09:20 Ankle Arthroscopy, **Dr. Thanos Badekas**

09:20-09:40 Pathanatomy and Surgical Management of Plantar Fasciitis, **Dr. Hani Mowafi**

09:40-10:00 Management of Osteochondral Lesion of the Talus, **Dr. Thanos Badekas**

10:00 – 10:20 Acute Lateral Ligament Injuries, **Dr. Hani Mowafi**

10:20 – 10:30 Discussion

10:30 – 11:00 BREAK

11:00 – 11:20 ACL Injuries, **Dr. Nicola Maffuli**

11:20 – 11:40 Jumper's Knee Revised. Predisposing factors, evidence Based Treatment with Focus on Endoscopy, Arthroscopy & Regenerative medicine, **Prof. Dr. Leonardo Osti**

11:40 – 12:00 Hip Labral Reconstruction and Hip Labral Repair in Athletes, **Dr. George Tsikouris**

12:20 – 12:30 Discussion

12:30 – 18:00 BREAK

18:00 – 20:00 **Workshop, MESOTHERAPY, Prof. Dr. Calogero Foti (ROOM 1)**

18:00 – 20:00 **Workshop, HUMAN TECAR (Diaplasia Rehabilitation Hospital)**

TUESDAY 31/08/17



9:00-09:20 Management of Spondylolisthesis in athletes, **Dr. Vassilis Lycomitros**

09:20-09:40 Low Back Pain & Neuromuscular Fascia, **Prof. Dr. Calogero Foti**

09:40-10:00 Lecture 2, **Dr. Vassilis Lycomitros**

10:00 – 10:20 Fibromialgia, **Prof. Dr. Calogero Foti**

10:20 – 10:30 Discussion

10:30 – 11:00 BREAK

11:00 – 11:20 Female athletic Triad & Relatively Deficiency Syndrome in Sports,
Dr. Alessandra Karavasili

11:20 – 11:40 Osteoporosis in Athletes, **Dr. Paul Christogeorgos**

11:40 – 12:00 Nutrition and Sports, **Mrs. Lykomitrou**

12:00 – 12:20 Lecture, **P/T Marselou**

12:20 – 12:30 Discussion

12:30 – 16:00 BREAK

16:00 – 20:00 **Workshop**, ESWT (ROOM 1)

18:00 – 20:00 **Workshop**, Tensiomyography(TM), **Dr. Jure Jemec** (ROOM 2)

FRIDAY 01/09/2017

9:00-09:20 Hamstring Injuries in Sports, **Dr. Nikos Malliaropoulos**

09:20-09:40 Morton and running, **Dr. Marino Delmi**

09:40-10:00 Groin Pain in Sports, **Dr. Nikos Malliaropoulos**



10:00 – 10:20 Heel Pain and Sports, **Dr. Marino Delmi**

10:20 – 10:40 The Young Arthritic Knee. Returning to Sports after Treatment? **Dr. Pantelis Nikolaou**

10:40 – 11:00 DISCUSSION

11:00 – 11:30 BREAK

11:30 – 11:50 Management of Acute Soccer Injuries, **Dr. Christos Theos (OSFP)**

11:50 – 12:10 Rehabilitation of ACL Reconstruction in Soccer Players, **Dr. Alkis Kaliakmanis (AEK)**

12:10 – 12:30 ACL Reconstruction all inside technique, **Dr. Panagiotis Kouloumentas (PAO)**

12:30- 12:50 Cellular Therapies in Chondral Lesions in Elite Athletes, **Dr. John Terzidis (PAOK)**

12:50 – 13:00 Discussion

13:00 – 13:30 Closing remarks

13:30 – 18:00 BREAK

18:00 – 20:00 **Workshop, PRP/ORTHOBIOLOGICS, Dr. Alexandros Papadeas (ROOM 1)**

18:00 – 20:00 **Workshop, Laser Therapy, Dr. Nikos Malliaropoulos (ROOM 2)**