

# 3<sup>rd</sup> International Symposium



# SCOSYM

**CURRENT TRENDS IN RESEARCH  
ON SCOLIOSIS AND OTHER  
SPINAL DEFORMITIES**

17-18<sup>th</sup> September 2022  
Athens, Greece

**UNDER THE AUSPICES:**



**Panhellenic  
Physiotherapists'  
Association**



University of Thessaly  
School of Health Sciences  
Department of Physiotherapy

**SYMPOSIUM SECRETARIAT:**

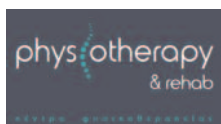


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Alpha Med



Korektiva.med j.d.o.o.



CENTRUM SKOLIOZ



Scolio point



ThinkBody

## Speakers

**Dr Andrzej M'hango**  
*Poland*



**Dr Nachiappan Chockalingam**  
*England*



**Dr Dariusz Czaprowski**  
*Poland*



**Dr Sabrina Donzelli**  
*Italy*



**PT Axel Hennes**  
*Germany*



**Dr Christian Hülstrunk**  
*Germany*



**Dr Eleni Kapreli**  
*Greece*



**PT Nikos Karavidas**  
*Greece*



**Dr Giorgios Kelalis**  
*Greece*



**Dr George A Koumantakis**  
*Greece*



**Dr Julian Leong**  
*England*



**Dr Jean-Claude de Mauroy**  
*France*



**Dr Konstantinos A. Starantzis**  
*Greece*

## Program / **Saturday 17<sup>th</sup>**

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### 9.00-9.25 Salutations – Opening

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#### 9.30-11.50 Moderators: **A. Hennes, N. Jevtic**

- 09.30 Scoliosis Prevention – School Screening  
**Dr Grivas (GR)**
- 10.00 Q&A
- 10.05 AIS Screening Procedure  
**Dr Czaprowski(POL)**
- 10.35 Q&A
- 10.40 Scolioscan ultrasound: quality of the measurement method  
**Dr Hulstrunk (GER)**
- 11.10 Q&A
- 11.15 Biomechanics (Vicon?)  
**Dr. Chockalingam (UK)**
- 11.45 Q&A

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### 11.50-12.20 Break / e-poster session

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#### 12.20-13.30 Moderator: **C. Hulstrunk/Ela Piatek**

- 12.20 PSSE Schools  
**N. Karavidas (GR)**
- 12.50 Q&A
- 12.55 The general structure of Schroth exercises – proprioceptive – coordinative – active teaching  
**A. Hennes (GER)**
- 13.25 Q&A

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### 13.30-14.30 Break

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## Program / **Saturday 17<sup>th</sup>**

### **14.30-15.40 Moderators: S. Pjanic , A. Kastrinis**

- 14.30** Adult degenerative scoliosis  
**Dr Koumantakis (GR)**
- 15.00** Q&A
- 15.05** Adult Bracing  
**Dr. Kelalis (GR)**
- 15.35** Q&A

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### **15.40-16.10 Break / e-poster session**

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### **16.10-16.45 Moderator: G.Kelalis**

- 16.10** Expert Panel  
**Dr Grivas, Jevtic, OT, Pjanic**
- 16.15** AIS Conservative Treatment
- 16.40** Q&A

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### **16.45 End of day one**

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## Program / **Sunday 18<sup>th</sup>**

### **09.00-11.20 Moderators: D. Czaprowski , G. Koumantakis**

- 09.00** Surgical treatment of AIS and the role of PT  
**Dr Starantzis (GR)**
- 09.30** Q&A
- 09.35** VBT  
**Dr Julian Leong (UK)**
- 10.05** Q&A
- 10.10** Bracing Treatment for AIS  
**Dr. Donzelli (ITA)**
- 10.40** Q&A
- 10.45** Effects of the corona pandemic on the psyche of the adolescents and the effects on the brace wearing time (confirmation pending)  
**B. Schmitt (GER)**
- 11.15** Q&A

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### **11.20-11.50 Break / e-poster session**

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### **11.50 -13.00 Moderators: K.Starantzis , M.Tsekoura**

ORAL PRESENTATIONS

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### **13.00-14.00 Break**

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## Program / **Sunday 18<sup>th</sup>**

<b>14.00</b>	<b>Workshop - Spinal pain assessment</b> Dr Kapreli (and team)
14.30	Q&A
<b>14.35</b>	<b>Workshop FITS Method</b> Dr. M'hango (POL)
15.05	Q&A
<b>15.10</b>	<b>Workshop LYON METHOD</b> Dr deMauroy (FRA)
15.40	Q&A
<hr/> <b>15.45</b>	<hr/> <b>Symposium Closing</b> <hr/>