

GREEK REPUBLIC
MINISTRY OF HEALTH
PANHELLENIC PHYSIOTHERAPISTS
ASSOCIATION

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Athens Greece, 08/08/2025 Protocol Number: 4706/2025

TO:

Ms. Esther-Mary D'Arcy
President, Europe Region of World
Physiotherapy (chairman@erwcpt.eu)

SUBJECT: «Initiative for a Joint European Declaration on Health Spending as a Strategic Investment»

Dear President,

On behalf of the Panhellenic Association of Physiotherapists (PSF), I am writing to express our full awareness and support of the recently signed Manifesto entitled "Health as a Strategic Investment" by the Presidents of the National Medical Associations of France, Germany, Spain, Portugal, and Greece, during their recent meeting in Rome under the auspices of the Italian Medical Association (FNOMCeO).

The Manifesto clearly emphasizes that healthcare expenditures must be regarded as long-term investments and should be exempt from the European Union's fiscal rules. This message is both timely and essential, especially in light of the growing pressures on healthcare systems across the EU.

As you are well aware, the **Europe Region of World Physiotherapy** signed a Memorandum of Cooperation with the **European Doctors (CPME)** in 2016, aimed at fostering collaboration and safeguarding citizens' rights to high-quality preventive and therapeutic care across Europe.

Given this shared vision, and in recognition of the following realities:

 The increasing demand for healthcare services due to the ageing of the European population,

- The **rising prevalence of chronic conditions**, where physiotherapy plays a central and cost-effective role,
- The fundamental need to **protect equal access to care** for all European citizens,
- And the urgent requirement to redefine healthcare not as an expense but as a societal investment, especially in areas that enhance long-term resilience and reduce future health costs,

we believe it is essential that the physiotherapy profession across Europe joins this growing movement.

We therefore respectfully urge the **Europe Region of World Physiotherapy** to:

- Initiate and coordinate a joint statement or position paper among national physiotherapy associations, expressing clear support for the principles of the "Health as a Strategic Investment" manifesto and calling for the exclusion of healthcare investments from EU fiscal constraints.
- 2. Strengthen collaboration with European medical associations, such as CPME and CEOM, to present a united front among health professions in all advocacy efforts towards European institutions.
- 3. **Organize a dedicated forum or meeting**, bringing together representatives of all major health professions, including physiotherapists, to discuss common strategies for promoting health system resilience, sustainable funding, and equitable access to care.

As physiotherapists, we know that early intervention, rehabilitation, and prevention are not only clinical imperatives, but also economic levers that can dramatically reduce long-term costs. **We stand ready to work with our European colleagues** to ensure that healthcare systems receive the recognition and resources they need to serve our societies effectively.

We look forward to your leadership in this crucial matter.

With collegial regards,

THE PRESIDENT

LYMPERIDIS PETROS

THE GENERAL SECRETARY

CHALARI EFTHIMIA