

SCHEDULE

Day 1 - December 3, 2025 (Rehabilitation Symposium)

START TIME	END TIME	SESSION	TITLE OF TALK	PRESENTER	MODERATORS
ROOM: AMPHITHEATER III					
07:00	08:00	Registration (Foyer)			
09:00	17:00	Rehabilitation Symposium: Current Advances in Burn Rehabilitation Along the Continuum of Care			

Rehabilitation Symposium: Current Advances in Burn Rehabilitation Along the Continuum of Care.

December 3, 2025
Aristotle University (KEDEA), Thessaloniki, Greece

This day long symposium will provide an update on current advances in burn rehabilitation. The course will cover burn rehabilitation interventions to include patient evaluation, positioning, orthotics/casting, range of motion/exercise, scar management and research along the continuum of care. This symposium is suitable for Physical Therapists, Occupational Therapists, Speech Pathologists, Nurses and Students.

Topics of Presentations and Discussion

Patient Evaluation:

- Burn Depth/Pathophysiology
- General Burn Evaluation PT/OT
- Introduction to Cutaneous Functional Units
- Goal setting
- Patient/family involvement/education
- Assessment tools/tests



Dr. Kyriaki Keramiotou, OT, HT, MSc, PhD
President of the Panhellenic Association of Ergotherapists

Activities of Daily Living /Aide Equipment:

- Adaptive equipment (bathing, dressing aids, toileting aids, eating)
- Transfer equipment



Petros Lymeridis
President of the Panhellenic Association of Physiotherapists

Therapeutic Exercise as Physiotherapy Intervention in Burn Rehabilitation

Exercise:

- Impact of exercise on hypermetabolism
- Early exercise/Ambulation
- Pre-exercise preparation of patient (wrapping)
- Aerobic & resistance exercises
- Enablers & barriers
- Exercise examples/activity



Villy Papachristou
MC, Primary Contact of the Panhellenic Association of Physiotherapists

Splinting, Orthotics & Serial Casting:

- Demonstration through photos, cases, and discussion
- Hand splint fabrication demonstration



Deborah Knight, MOT, OTR/L, BT-C
JMS Burn Center Augusta, GA, USA

Scar Management/Aftercare:

- Pressure Therapy
- Gels; silicone and polymers
- Non-invasive scar management
- Holistic approach
- Multidisciplinary team approach
- Hydration & manual skin techniques
- Shockwave, vacuum massage, needling, taping
- Pressure decreasing taping demonstration/practice



Prof. dr. Jill Meirte PT, PhD
University of Antwerp, Belgium

Research Care Research:

- Top 10 Research Questions in Burn Care; Rehabilitation
- What have we learned from the rehabilitation research?
- What are the gaps?
- Patient reported outcome measures/non-invasive measures



Michael A Serghiou, OTR, MBA, BT-C
ISBI Executive Director