GENERAL INFORMATION

Meeting's Venue

Amphitheater of the University Hospital of Ioannina (Dourouti), Stavros Niarchos Ave, Ioannina 45500, Greece. Hospital's parking area will be used for physicians and visitors' cars.

Website

http://www.uoi.gr/conferences/lumbarspinedegen-surgrehab/

Abstract Submission

Paper abstracts will be accepted to be presented as posters with PosterGenious online system. Paper submission will be conducted through the website http://www.epostersonline.com/

Language

Greek will be the official language. All slides presentations will be in English. There will be translation from Greek to English for the foreign participants.

Participation

Attendance and registration for the meeting will be free. A certificate of attendance (6 CME Credits) will be provided to the physicians-nurses-therapists-students. The meeting is accredited by the European Accreditation Council for Continuing Medical Education.

Medical Supply and Drug Expo

In the area next to the amphitheater, medical supplies and drugs will be displayed for the participants' information.

Meeting's Secretariat

Secretary of Orthopaedics and Traumatology Department, University of Ioannina Medical School.

Information: Mrs Harisi

Tel: (0030) 26510 07515 Fax: (0030) 26510 07891

Email: oharisi@cc.uoi.gr

Transportation

The City of Ioannina has the V. Pyrros airport that is connected directly with Athens airport. Also, Ioannina is two and a half hours driving distance from Thessaloniki's Macedonia Airport.

Mobile phones-Smoking-Electricity

Mobile phones are not permitted within the amphitheater. Also smoking is not allowed in all hospital's area. The electrical supply in Greece is 220 Volts, AC 50 Hz.

Social Program

Welcome reception: Thursday November 17th 2011

Dinner: Friday November 18th 2011

Hotels

Grand Serai 5* Tel. (0030) 26510 90550
Du Lac 5* Tel. (0030) 26510 59100
Olympion 4* Tel. (0030) 26510 25888
Epiros Palace 5* Tel. (0030) 26510 23555
Frontzos Politia 5* Tel. (0030) 26510 21011

3rd Conference on Rehabilitation of Degenerative Lumbar Spine with International Participation

Amphitheater of the University Hospital of Ioannina Friday November 18th 2011

> Secretary of Orthopaedics and Traumatology University of Ioannina Medical School Information: Mrs Harisi Tel: (0030) 26510 07515 Fax: (0030) 26510 07891 Email: oharisi@cc.uoi.gr

REGISTRATION FORM

Mr. :				
Mrs. :				
Title:				
Physician	Therapist	Nurse	Student	
Hospital:				
First name:				
Last name:				
Address:				
Zip:				
City:				
Country:				
Phone:		Mobile:		

Date: Signature:



UNIVERSITY OF IOANNINA MEDICAL SCHOOL

Departments of Orthopaedic Surgery & Rehabilitation

2st Announcement

3rd

Conference

on Rehabilitation of Degenerative Lumbar Spine Disease

with International Participation

Friday November 18 2011

University Hospital of Ioannina, Ioannina, Greece

Under the auspices of:

- · University of Ioannina
- · Hellenic College of Orthopaedic Surgeons
- · Hellenic Spine Society
- · International Spine Intervention (ISIS), USA

Dear Colleagues,

It is a great pleasure to invite you to attend the 3rd Conference on Rehabilitation of Degenerative Lumbar Spine Disease with International Participation , which is organized by the Divisions of Orthopaedics and Rehabilitation, Department of Surgery of Ioannina University Medical School. It is also under the auspices of the University of Ioannina, the Hellenic College of Orthopaedic Surgeons, the Hellenic Spine Society and the International Spine Intervention Society (ISIS), USA.

The meeting will take place at the Amphitheater of the University Hospital of Ioannina on Friday November 18th 2011 and in continuation of Visiting Professor's Day of the 'S. Niarchos' Rehabilitation Center on Thursday November 17th 2011.

The 3rd Conference on Rehabilitation of Degenerative Lumbar Spine Disease is addressed to physicians of relevant specialties (Orthopaedics, Anesthesiology, Neurology, Neurosurgery, Radiology, Rheumatology, Physiatry, Psychiatry), therapists (physiotherapists, occupational therapists, psychologists), orthotists, nurses and students and will include the latest advancements in treatment (operative and non-operative) of Degenerative Lumbar Spine Disease with holistic approach. Main topics of the Conference are: pathophysiology, non-operative treatment, diagnostic and therapeutic interventions and, also, surgical treatment. Lecturers will be Greek and international scientists, distinguished in the field of Degenerative Lumbar Spine Disease.

The meeting will be credited with 6 CME Credits.

We are looking forward to welcoming and hosting you at Ioannina. Sincerely,

Alexander Beris, MD

Professor of Orthopaedics University of Ioannina

President of the Scientific Committee

Avraam Ploumis MD

Assistant Professor of PMR University of Ioannina Orthopaedic Surgeon

President of the Organising Committee

PRELIMINARY SCIENTIFIC PROGRAM

0830-0900 Registration-Coffee Introduction 0900 **0900-0930** Salutations 0930-1130 Round table "Introduction to degenerative lumbar spine" Introduction in rehabilitation-Epidemiology and handicap from failed back surgery **Anatomy** Radiology Disc disease and spondylosis-Pathophysiology Clinical diagnosis and differential diagnosis Sacroilitis/spondylitis and other rheumatologic diseases **1130-1200** Break-Coffee 1200-1300 Round table "Non-operative treatment of degenerative lumbar spine" Neurophysiologic studies and pharmaceutical treatment Orthotics Physiotherapeutic approach-McKenzie therapy Psychiatric intervention 1300-1330 Light lunch

1330-1530 Round table

"Diagnostic and therapeutic interventions of degenerative lumbar spine"

Indications and risks-Injected substances

Caudal epidural injections

Interlaminar and transforaminal epidural injections

Facet joint injections and medial branch blockade-Sacroiliac joint injections

Discogram and intradiscal therapies

Implantable pain pumps-Spinal cord neurostimulation

1530-1545 Break-Coffee

1545-1700 Round table

"Surgical treatment of degenerative lumbar spine"

Surgical treatment of degenerative disc

Surgical treatment of degenerative facet and sacroiliac joints

Minimally invasive techniques in lumbar spine surgery of degenerative disease

Surgical treatment of lumbar spine stenosis-degenerative spondylolisthesis

Surgical treatment of degenerative lumbar scoliosis

1700-1730 Conclusions-Adjourn